

Breast Feeding Expenses are Now Tax-Deductible



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The IRS announced on Thursday that breast pumps and supplies that assist lactation are medical care and will now be considered tax-deductible medical expenses.

This means that mothers will be able to use pre-tax money from their Flexible Spending Accounts (FSAs), Health Reimbursement Accounts (HRAs) and Health Savings Accounts (HSAs) to cover the cost of breast pumps and related supplies. Those without such accounts can deduct breast feeding expenses if their total unreimbursed medical expenses exceed 7.5% of their adjusted gross income. The ruling will effect expenses incurred beginning in 2010.